

2013 Section 7A Subsection South - 5/22/2013 Griggs Field- Duluth

Teams: Esko 202.5, Proctor 129, Moose Lake/Willow River 105, Hinkley-Finlayson 59.5, Two Harbors 40, Cromwell 36, Wrenshall 29, Cook County 24, East Central 19, Carlton 17, Barnum 14, Silver Bay 10, Marshall School, Duluth 9, Lakeview Christian Academy 5, McGregor 3.

100 Meter Dash

1	Mudek, Riley	12	Esko	11.70
2	Warren, Peter	12	CookCty	11.78
3	Kinstel, Zach	12	Cromw	11.86
4	Christensen, Drew	11	TwoHar	11.90
5	Pettersen, Josh	10	ML-WR	12.05
6	Oconnor, Justin	10	Wrenshall	12.06
7	Opoien, Aaron	12	Proctor	12.25
8	Oconnor, Caleb	10	Wrenshall	12.32

4x100 Meter Relay

1	Proctor	46.42
2	Esko	46.72
3	Cromwell	47.99
4	Moose Lake/WR	48.47
5	Two Harbors	49.44
6	Wrenshall	49.50
7	East Central	49.79
8	Barnum	50.99

High Jump

1	Bisel, Ben	12	Esko	5-11
2	Beaudot, Cal	11	Esko	5-11
3	Lysaker, Shannon	10	TwoHar	5-06
4	Prouty, Logan	12	Proctor	5-06
5	Disterhaupt, Jake	12	ML-WR	5-06
6	Thiry, Joe	12	Proctor	5-04
7	Zinter, John	12	ML-WR	5-04
8	Habermann, Henry	11	Proctor	5-02

200 Meter Dash

1	Mudek, Riley	12	Esko	23.36
2	Oconnor, Justin	10	Wrenshall	24.72
3	Virginia, Marcus	11	Wrenshall	24.85
4	Oconnor, Caleb	10	Wrenshall	25.29
5	Fenwick, Luke	12	CookCty	25.38
6	Keranen, Davey	9	TwoHar	25.48
7	DeWitte, Eric	11	Marsha	25.57
8	Shervheim, Charlie	11	East Centr	25.58

4x200 Meter Relay

1	Moose Lake/WR	1:37.80
2	Esko	1:39.25
3	Cromwell	1:40.23
4	East Central	1:42.15
5	Hinkley-Finlayson	1:44.50
6	Two Harbors	1:44.86
7	Barnum	1:45.29
8	Proctor	1:51.24

Pole Vault

1	Greene, Alex	12	Proctor	11-06
2	Tvedt, Kory	12	Esko	11-06
3	Lenzen, Thomas	10	HinckF	10-00
4	Moonen, Ben	12	ML-WR	9-06
5	Host, Evan	11	Proctor	9-00
6	Summerland, Carter	10	HinckF	8-00
6	Arntson, Devan	8	Esko	8-00
8	Odonnell, Gavyn	9	HinckF	8-00

400 Meter Dash

1	Mudek, Riley	12	Esko	51.35
2	Warren, Peter	12	CookCty	53.04
3	DeLuca, Frank	11	Proctor	54.03
4	Hintsala, Brandt	11	Esko	54.40
5	Thiry, Joe	12	Proctor	54.44
6	Borchardt, Reid	11	Esko	56.28
7	Stephan, Jeremy	10	Marsha	56.61
8	Heller, Jordan	12	HinckF	56.65

4x400 Meter Relay

1	Esko	3:38.13
2	Moose Lake/WR	3:41.50
3	Hinkley-Finlayson	3:46.84
4	Proctor	3:50.13
5	Two Harbors	3:57.25
6	Cromwell	3:57.58
7	Cook County	4:04.52
8	Carlton	4:05.12

Long Jump

1	Evenson, Jon	11	ML-WR	19-08.25
2	Thiry, Joe	12	Proctor	19-03.00
3	Hintsala, Brandt	11	Esko	18-00.50
4	Osterling, Cooper	10	Esko	17-11.25
5	Johnson, Rick	11	Esko	17-00.00
6	Barnaby, Caleb	10	McGregor	16-11.00
7	Rauvola, Hunter	11	Cromw	16-10.50
8	Pauly, Hunter	10	Wrenshall	16-09.50

800 Meter Run

1	Blood, Kyle	12	SilverB	2:03.45
2	Moonen, Ben	12	ML-WR	2:05.22
3	Hebl, Eli	11	TwoHar	2:11.78
4	Nelson, Johathan	11	HinckF	2:12.21
5	Furey, Nick	9	ML-WR	2:15.28
6	Fulton, Matt	12	Proctor	2:16.81
7	Wetzel, Zach	9	Proctor	2:16.97
8	Melhouse, Evan	10	HinckF	2:17.09

4x800 Meter Relay

1	Esko	8:48.23
2	Proctor	8:59.16
3	Hinkley-Finlayson	9:01.01
4	Cromwell	9:08.34
5	Moose Lake/WR	9:22.62
6	Carlton	9:39.14
7	Wrenshall	9:55.38
8	Cook County	10:05.83

Triple Jump

1	Coil, Isaac	12	ML-WR	38-06.0
2	Beaudot, Cal	11	Esko	38-00.5
3	Johnson, Rick	11	Esko	37-06.5
4	Chiu, Marc	10	LkChrA	37-04.0
5	Zinter, John	12	ML-WR	37-01.0
6	Hendrickson, Andrew	12	Proctor	36-11.0
7	Gunderson, Steven	12	East Centr	36-00.0
8	Tesser, Austin	12	Proctor	35-11.0

1600 Meter Run

1	Welch, Matt	12	Proctor	4:43.25
2	Hanson, Ben	12	Esko	4:46.41
3	LeTourneau, Jeremiah	12	HinckF	4:47.39
4	Hebl, Eli	11	TwoHar	4:55.81
5	Pfisthner, Austin	10	Cromw	4:59.25
6	Channell, Brandon	12	Marsha	5:02.28
7	Peterson, Chase	11	Barnum	5:05.39
8	Stevens, Kody	9	Proctor	5:09.02

110 Meter Hurdles

1	Pender, Michael	12	ML-WR	16.52
2	Bauer, Derek	11	Carlton	16.72
3	Tonner, Matthew	12	Esko	17.19
4	Tucker, Jacob	11	Esko	17.27
5	Prouty, Logan	12	Proctor	17.69
6	Gunderson, Steven	12	East Centr	17.70
7	Johnson, Ian	8	TwoHar	18.33
8	Martinson, Kyle	12	CookCty	18.88

Shot Put

1	Denzler, Tyler	12	Esko	46-01.5
2	Carlstrom, Chris	12	HinckF	46-01.0
3	Lindstrom, Jacob	11	Esko	43-05.0
4	Youngberg, Brady	11	Barnum	42-11.0
5	Oliver, Josh	12	Cromw	42-07.0
6	Colton, Josh	12	HinckF	41-07.5
7	Serre, Than	12	Marsha	40-06.5
8	Torgerson, Nick	11	TwoHar	37-11.0

3200 Meter Run

1	Welch, Matt	12	Proctor	10:15.87
2	Johnson, Joey	12	Esko	10:21.52
3	Smith, Zach	11	Proctor	10:21.82
4	Menor, Trenton	9	Esko	10:45.01
5	Rengo, Matt	11	Esko	10:46.76
6	Sargent, Garrett	10	Proctor	11:00.46
7	Bustrak, Joseph	8	ML-WR	11:06.37
8	Peterson, Chase	11	Barnum	11:19.40

300 Meter Hurdles

1	Pender, Michael	12	ML-WR	44.21
2	Welch, Jake	10	Proctor	44.23
3	Gunderson, Steven	12	East Centr	45.53
4	Bauer, Derek	11	Carlton	45.88
5	Tucker, Jacob	11	Esko	46.60
6	Dragicevich, Milan	10	ML-WR	46.76
7	Salinas, Isaiah	11	Esko	47.22
8	Barto, Hunter	12	Esko	47.58

Discus Throw

1	Colton, Josh	12	HinckF	132-05
2	Lindstrom, Jacob	11	Esko	130-01
3	Makitalo, Cody	12	Proctor	120-02
4	Morberg, Brad	10	Proctor	114-07
5	Denzler, Tyler	12	Esko	112-03
6	Youngberg, Brady	11	Barnum	111-06
7	Chavez, Jeremiah	10	ML-WR	108-03
8	Torgerson, Nick	11	TwoHar	102-01